



APPAREL SIZING GUIDES

Fit with confidence by following the guides below.

Please note that the measurements listed are body measurements (in inches), not garment measurements. For the best results, fit your athletes with CHAMPRO garments prior to ordering.

ADULT APPAREL

	CHEST SIZE	WAIST SIZE
XS	32	26
SMALL	34-36	28-30
MEDIUM	38-40	32-34
LARGE	42-44	36-38
XL	46-48	40-42
2L	50-52	44-46
3XL	54-56	48-50
4XL	58-60	52-54

WOMEN'S APPAREL

	BUST	WAIST	HIP
XS	31-33	24-26	34-36
SMALL	33-35	26-28	36-38
MEDIUM	35-37	28-30	38-40
LARGE	37-39.5	30-33	40-43
XL	39.5-42	33-36	43-46
2XL	42-45	36-40	46-49
3XL	45-48	40-44	49-52

YOUTH APPAREL

GIRLS' APPAREL

INTEGRATED FOOTBALL PANTS - ADULT SIZES

	WAIST SIZE
SMALL	31-33
MEDIUM	34-36
LARGE	37-39
XL	40-42
2L	43-45
3XL	46-48

INTEGRATED FOOTBALL PANTS - YOUTH SIZES

	WAIST SIZE
XXS	18-20
XS	20-22
SMALL	24-26
MEDIUM	28-30
LARGE	32-34
XL	34-36
2XL	36-38
HUSKY	36-38 (SAME LENGTH AS LARGE PANT)

PROTECTIVE EQUIPMENT SIZING GUIDES

BATTING HELMETS

	HEAD SIZE	CIRCUM.
T-BALL	6 - 6.5	19"- 20.5"
YOUTH	6.5 - 7.125	20.5"- 22.5"
ADULT	7 - 7.5	22"- 22.75"

CATCHER'S HEADGEAR

	HEAD SIZE	CIRCUM.
YOUTH	6.5 - 7	20.5"- 22.5"
ADULT	7 - 7.5	22"- 23.75"

CHEST PROTECTORS

LEG GUARDS

	TORSO LENGTH
T-BALL	13" - 15"
MID-SIZE YOUTH	15" - 16"
YOUTH	16" - 17"
SR. LEAGUE	18" - 19"
ADULT	19"+

	TORSO LENGTH
T-BALL	9" - 12"
YOUTH	13" - 14.5"
SR. LEAGUE	14.5" - 16.5"
ADULT	16.5+

Please note that this is intended only as a guide. Protective equipment worn in play or practice should always fit the wearer. Seek advice from a professional to confirm correct fit.



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